

**Recovering the Connection between the Resurrection and the Eucharist and the connection between Sacrament and Sacrifice – Liturgy of the Eucharist**

**Blasé Cardinal Cupich**

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**Key Speaking Points:**

- As the Cardinal said, “Ite, missa est!” Go Forth! The church earnestly desires that all the faithful be led to that full conscious active participation in liturgical celebrations called for by the very nature of the liturgy.
- Hopefully the two videos shown over the past two weekends helps motivate us to fully and actively participate in the Eucharistic liturgy, which brings us to the cross and makes Jesus’ victory and triumph over death present in our lives.
- Christ is always present in his church, especially in her liturgical celebrations, and, in celebrating the Eucharist he makes present this victory and triumph over death. That is what is made present during the Mass.
- So, the Eucharist is the Source and Summit of our Catholic faith, and Jesus is truly present in the celebration of the Mass and in the Eucharist itself.
- Recovering this connection between the resurrection and the Eucharist, and the connection between sacrament and sacrifice is important because it reveals something to us. It reveals that the sacrifices of our life matter...that our lives matter. It’s not about making God an important factor in our lives, but rather coming to a deeper understanding that we are an important factor in God's life and the celebration of the Eucharist.
- So, believe! Believe in Christ’s presence in the Eucharistic celebration. Believe that Jesus is present in the Eucharist... body, blood, soul, and divinity, under the appearances of bread and wine. Ite, missa est! Go and announce this belief to the world.